

Ideas for Celebrating National Families Week

Below are lots of great ideas to help you plan your November activities.

FCCLA Family Activities:

- Hold an open house for families and provide activities that focus on strengthening families
- Make a National Families Week display in your school or community
- highlighting what your chapter does for families and what families mean to FCCLA.
- Put displays in libraries, health centers or businesses.
- Hold a supper or potluck for chapter members and their families and do activities to strengthen family relationships.
- Host a family-friendly day in your school and encourage parents, siblings or grandparents to come to school for the day.
- Invite a speaker to give a presentation on family strengths
- Hold an open forum to discuss the concerns of families and youth in your area
- Disseminate information on youth and families, parenting and the issues faced by families with flyers, fact sheets or brochures.
- Produce a National Families Week edition of your school newsletter or articles for your school website.
- Write a feature article on National Families Week for your local newspaper.
- Promote the week and any events or activities you organize through community radio or TV
- Have a photographic display or competition focusing on families.
- Hold a family dance party.
- Hold a writing or poetry competition – ask the local paper to publish entries.
- Organize a concert.
- Arrange a community outing to local areas of interest
- Arrange to do something special for a family in difficult circumstances e.g. a special gift arrange babysitting, take the children to a movie
- Promote the achievements of local families through recognition awards
- Promote the diversity of families in your local area
- Honor families and youth who are an inspiration to you
- Link up and organize events with service clubs, community organizations and service providers and agencies in your area invitations to more disadvantaged members of your area
- Provide coloring pages for children in public contact areas
- Record interviews with people in your community to build an oral family history
- Sponsor or raise funds for a local family or youth related community project
- Have a family movie marathon

- Have a family sports carnival
- Hold a family talent night
- Have younger students draw pictures of their family and give special treats or prizes to each student.
- Have a family games night
- Make and send greeting cards to family members
- 'Adopt' a grandparent at the local nursing home or retirement community
- Be active and eat healthy foods together
- Have a special family breakfast before work and/or school
- Let FCCLA members make dinner for the adults – and choose the entertainment!
- Organize a family walkathon
- Organize a block party
- Take some family photos or create a family album or book
- Eat family meals together

