

December  
2017



# Nebraska FCCLA Red Leader

## Make FACS Work for You

*By: Mia Kegley, President*

The careers in Family & Consumer Sciences (FACS) are unlimited; they include interior design, human development studies, merchandising, food science, dietetics, entrepreneurship, education, hospitality and tourism, and so many more! With a degree in any of these diverse areas of studies, you can find jobs in basically every area of the workforce.

With the career, life, and leadership skills gained through FCCLA, you members are more prepared than the average student to pick a future career and reach it! Considering talking to your FACS teacher to learn about their experience in FACS. A great opportunity to gain hands on experience in one of these career fields in through the Nebraska FCCLA "A Day in Your Future" Program. This allows members to be matched with a professional in their area of interest them, and to set up a job shadowing experience.

For any senior who has declared a major in an FACS-related occupation, we welcome you our Say YES to FACS Signing Event during the State Leadership Conference this April. More information about registering for the event will be sent to Advisers soon!

## Circle of FCCLA Friends

*By: Haylee Evans, Vice-President of Development*

Everyone has their FCCLA friends right? The ones you do projects with, can't wait to see at meetings and know that the organization wouldn't be the same without. Did you know that Nebraska FCCLA has their own Circle of Friends and the organization also wouldn't be the same without it? We need all members to help come together to develop the Circle of Friends and help provide you the "Ultimate Leadership Experience".

Who can be in the Circle of Friends? Any business or individual that wants to help fund FCCLA and its opportunities. When you become part of Nebraska's Circle of Friends you get your business advertised to over 2,000 students, advisers and evaluator at the State Leadership Conference. Through ads on Guidebook, recognition at state and recognition on the state website.

What do the Circle of Friends do? Circle of Friends funds State Leadership Conference, which includes STAR Event Awards, FCCLA Serves transportation and meals for participants, and the Awards and Recognition Dinner.

What can you do to help grow the Circle of Friends? This year as the VP of Membership I want to encourage chapters to find Circle of Friends. Consider encouraging family members, local businesses, and even maybe your chapter. The first 5 chapters to get someone to sign up for Circle of Friends will be featured on Nebraska FCCLA social media outlets!

## STAR Event Spotlight: Twin River

By: Irelynd Pearson, Twin River FCCLA

Twin River FCCLA Member Irelynd Pearson is doing a project pertaining to Student Health, which is part of the FCCLA National Program in Action: Student Body. For this project, she is writing, designing and assembling life improvement magazines for students and staff at Twin River. Included in the magazine are tips on how to live a healthy and resilient life regarding the five areas of health including nutrition, fitness, mental health, emotional health, and lifestyle choices. Every month from October to April a new issue will be released. In addition to the magazines being released in the school, they will also be located in the following locations: AJs, Zubees, and Fill My Cup.

Do you want to contribute? Feedback is appreciated and may be submitted to [irelynd.pearson@twinriver.esu7.org](mailto:irelynd.pearson@twinriver.esu7.org). Thank you for your support!



Check out Twin River FCCLA's Monthly Student Health magazine!

## Chapter Spotlight: Wakefield

By: Wakefield FCCLA Chapter

Members, as well as Wakefield staff and students donated food items to fill 60 Thanksgiving in a Bag. The bags were given to elementary and high school students in need before the Thanksgiving Holiday. A local business Michael Foods and employees collected and donated \$520.00. The service project was such a success that Wakefield families will be given bags before Winter Break, along with socks from our Socktober Sock Drive.



Wakefield FCCLA members collected enough food items to fill 60 Thanksgiving bags for members of their community.



## Chapter Spotlight: St. Edward

By: St. Edward FCCLA

Members of the St. Edward FCCLA Chapter have been busy with several projects this year. This fall, chapter members divided into teams for the annual Scavenger Hunt for Food Pantry items. 131 food items were collected and donated to the Boone Co. Food Pantry in Albion. The St. Edward Chapter is also designated as a "Teens In The Driver's Seat" participant. The chapter hosted State Patrol Trooper Gena Jones who demonstrated the "roll-over" simulator in assemblies for both elementary and Jr/Sr High students. The St. Edward Chapter also received a \$300 grant from the Cornhusker Public Power Goodwill Fund to purchase FCCLA polos or red jackets. In addition, the chapter held "Penny Wars" among the elementary grades to raise nearly \$400 to help endangered wildlife, in particular the black-footed ferret. It's been a busy year, so far!

St. Edward FCCLA members with 131 food items collected for the Boone County Food Pantry in Albion.



Perkins County FCCLA members in grades 7-9 sign the pledge #ToBeTheFirst Tobacco Free generation

## Chapter Spotlight: Perkins County

By: Perkins County FCCLA

Perkins County FCCLA Chapter had a program on Career Connections at the October meeting that provided an opportunity for mock interviews. Eleven members attended FCCLA District 11 Conference in McCook in October. Several members competed in the poster contest, four were awarded prizes for second and third place posters. On October 30, 2017, seven FCCLA members, a parent and FCCLA advisor collected food for the Perkins County Food pantry. 215 items and \$25.00 were donated to the local food pantry. Members provided a flyer with Hunger Facts and information about FCCLA when they collected the food. In November FCCLA participated in the No Tobacco campaign and provided a chance for students to learn facts about Taking Down Tobacco with lunch room table tents and an opportunity for students 7-12 to Pledge To #Be The First tobacco free generation."





## National Program **Highlight**: Community Service

By: Brandon Caha, Vice-President of Programs

"The FCCLA Community Service national peer education program guides students to develop, plan, carry out, and evaluate projects to improve the quality of life in their communities. Through their projects, members experience character development and improve their critical and creative thinking, interpersonal communication, practical knowledge, and career preparation. Youth leaders learn more about themselves, others, and the world so that they can make a difference now and in the future."

- National FCCLA

The National Program Community Service used to be Leadership Service in Action but was just changed in November after the National Cluster meetings. The National Programs has three topic areas that members should focus on. The first of the three topic areas is *Learn* which is where members explore personal values, ethics, and ethical decision making while evaluating their communities needs. The second topic area is *Lead* where members learn how to use their leadership skills to serve their community and how to transfer those servant leadership skills to the workplace. The final topic area is *Serve* where members are introduced to the critical role of community partnerships and advocacy play in serving the needs of others while also developing their own community based service.

If you and your chapter want to do a project and help out your community, the you could "Feed the Need" in your community by having a food drive or volunteering at a food bank or a kitchen that serves food to the homeless or people that need it. You could also promote safe internet access or you could do a Family dinner project by setting 1 night where all of your chapter members will plan to have a nice dinner with their family at home. You could also have a family night at your school with your chapter members and their parents and do a potluck all together. The deadline to submit your application for the Community Service Award is March 1st. If you do a project and fill out the application you could win \$500 for being runner up, \$1000 for Middle school winner, and \$1000 for the High School winner and use the money for your chapter. For more information on the Community Service National program visit [fcclainc.org](http://fcclainc.org) and click on the programs tab and click on the Community service tab.



NEBRASKA FCCLA

★STAR Events★

TOOLKIT

The Nebraska FCCLA State Officer Team has worked with the help of the State Association and past State Officer Teams to develop a Toolkit filled with resources for you to utilize in your chapter. There is everything from an informational PowerPoint to motivation for competitors and even ways to celebrate your success.

THE TOOLKIT IS A GOOGLE DRIVE FOLDER

SPLIT INTO 3 EASY TO USE FOLDERS.

PROMOTE - Getting members excited and involved in STAR Events

SUPPORT - Helping members through the process of completing a STAR Event

CELEBRATE - Enjoying your members success after competitions and their effort

FEEL FREE TO MAKE CHANGES TO ANY OF THE RESOURCES BUT WE ASK THAT YOU MAKE A COPY OF IT TO YOUR DRIVE FIRST

If there are amazing things that you do in your chapter please email us at [vpcompetitiveevents@nebraskafccla.org](mailto:vpcompetitiveevents@nebraskafccla.org) and we will make sure to add it to the STAR Events Toolkit so other chapters in Nebraska FCCLA can achieve amazing things through STAR Events

#NEFCCLA #SPREADTHEREDNE

Email your Chapter Spotlights with a picture and up to 100 words to [nebraskafcccla@gmail.com](mailto:nebraskafcccla@gmail.com). All entries submitted in a month will be featured in the following month's Red Leader.

## Chapter Spotlight: Howells-Dodge

By: *Howells-Dodge FCCLA Chapter*

The Howells-Dodge FCCLA Chapter has been busy with a variety of activities. The chapter kicked off the year with a spaghetti supper in August. Chapter members have picked up trash along the chapter's adopted highway, sponsored a 5K Run and also provided free face painting for children during the Howells Rib Fest. Other activities have included sending cards to adopted grandparents on holidays, recycling in our school, conducting seat belt surveys, and putting up a "Drive Safely" sign by our school. Upcoming activities include sponsoring a food drive, providing a free Saturday babysitting service, and answering letters to Santa.



Howells-Dodge FCCLA members providing face painting during the Howells Rib Fest this August.

## Chapter Spotlight: Maxwell

By: *Maxwell FCCLA*

Members of the Maxwell FCCLA chapter, and FACS students in 9th grade participated in the Financial Fitness team Money Smart Week this year by promoting the topics of shopping, spending, saving, and financial facts to elementary students. The older students made mini displays for the children in grades 3,4 and 5 in our school. There were 5 booths that featured a variety of activities that included trivia, short videos, discussions and Q and A facts on money, just to name a few. The children competed for prizes, and entered into a drawing for a piggy bank with \$5 inside.



Maxwell FCCLA members helping to "Feed the Pig" with elementary students during Money Smart Week.

## About Us...

Nebraska Family, Career and Community Leaders of America (FCCLA) is a dynamic student organization which holds the family as its central focus. We promote leadership and service in the family, career, school, and community and help members improve themselves and the world in which they live.

FCCLA is a national Career and Technical Student Organization that provides personal growth, leadership development, and career preparation opportunities for students in Family and Consumer Sciences education.

## Nebraska Family, Career, and Community Leaders of America

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# FCCLA<sup>®</sup> WEEK



**FEB 12** **Black, White, & Red All Over**  
Wear your FCCLA Red and make it a school competition to see who can wear the most red! Share the pictures with #spreadtheredne

**FEB 13** **Careers in Actions**  
Dress up as your dream job, host a career fair, or even invite local business leaders into your school to speak. The #FACSCAREER possibilities are endless!

**FEB 14** **!nspi"RED" by FCCLA**  
Share your #FCCLABFF LOVE with candygrams or thank you valentines for your members! Share how the members have been inspired by your chapter.

**FEB 15** **Say Thanks**  
Celebrate #FCCLAthankful Thursday by telling your teachers, classmates, or others that make your school or FCCLA chapter awesome that you're thankful for them!

**FEB 16** **Make an Impact**  
Give back and make an impact by either donating back to your community or to the FCCLA Impact Fund. Show how #FCCLAcare in your community!