

A Day in Your Future Follow Up Form

Name: _____ Chapter: _____

Career: _____ Location of Shadow Experience: _____

Date of Shadow Experience: _____ Total time at Experience: _____

Describe the job shadow or internship experience. What did you gain from the experience? How did you personally contribute to the business, individual, or organization? (provide tasks, roles, etc.)

What was the best part about your job shadow experience?

Could you see yourself seeking employment in this field? Why or why not?

How did this experience help you make decisions for your future? What questions about this career do you still have?